

LOST NATION RUSTIC RUN

TOP 2 FEMALE 4-MILE RESULTS BY YEAR

| Year | Runner | City | Time |
|-------------|-----------------|------------------|-------------|
| 1987 | Muriel Naumann | Iowa City, IA | 25.14 |
| | Anne McIllece | Walcott, IA | 28.08 |
| 1988 | Muriel Naumann | Iowa City, IA | 25.35 |
| | Mary Morris | Bennett, IA | 26.00 |
| 1989 | Muriel Naumann | Iowa City, IA | 24.35 |
| | Mary Morris | Bennett, IA | 24.46 |
| 1990 | Muriel Naumann | Iowa City, IA | 24.24 |
| | Mary Morris | Bennett, IA | 25.20 |
| 1991 | Muriel Naumann | Iowa City, IA | 24.51 |
| | Mary Morris | Bennett, IA | 26.04 |
| 1992 | Muriel Naumann | Iowa City, IA | 24.44 |
| | Patty Grogan | Davenport, IA | 24.48 |
| 1993 | Muriel Naumann | Iowa City, IA | 24.54 |
| | Laura Max | Iowa City, IA | 26.23 |
| 1994 | Muriel Naumann | Iowa City, IA | 24.41 |
| | Laura Knieriem | Dubuque, IA | 26.27 |
| 1995 | Muriel Naumann | Iowa City, IA | 24.55 |
| | Jenny Peters | Iowa City, IA | 26.18 |
| 1996 | Muriel Naumann | Iowa City, IA | 24.40 |
| | Mary Morris | Bennett, IA | 26.44 |
| 1997 | Muriel Naumann | Iowa City, IA | 25.02 |
| | Bridget Lemker | Cedar Rapids, IA | 26.27 |
| 1998 | Muriel Naumann | Iowa City, IA | 25.06 |
| | Mary Morris | Bennett, IA | 26.06 |
| 1999 | Michelle Lahann | Wheatland, IA | 25.29 |
| | Muriel Naumann | Iowa City, IA | 26.04 |

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|------|-----------------------------------|---------------------------------|----------------|
| 2000 | Michelle Lahann Muriel Naumann | Wheatland,IA Iowa City,IA | 25.58 26.14 |
| 2001 | Dawn Brooks Lisa Hughes | Moline, IL Muscatine, IA | 26.40 27.54 |
| 2002 | Dawn Brooks Michelle Lahann | Moline, IL Wheatland, IA | 26.36 27.05 |
| 2003 | Bethany Helms Dawn Brooks | Iowa City, IA Moline, IL | 25.24 26.31 |
| 2004 | Mary Eure Janelle Swanberg | Davenport, IA Davenport, IA | 26:43 27:06 |
| 2005 | Janelle Swanberg Jennifer Muhl | Davenport, IA Wheatland, IA | 27.30 28.06 |
| 2006 | Tammy Kallback Muriel Naumann | Dubuque, IA Iowa City, IA | 29.03 29.30 |
| 2007 | Jennifer Paul Hannah Roeder | LeClaire, IA Des Moines, IA | 25.05 25.35 |
| 2008 | Nancy Foxen Morgan Casey | Muscatine, IA Goose Lake, IA | 26.04 26.48 |
| 2009 | Nancy Foxen Kayla Marsh | Muscatine, IA Maquoketa, IA | 25.19 27.30 |
| 2010 | Jennifer Paul Jackie Liebmann | LeClaire, IA Muscatine, IA | 26.19 28.00 |