

LOST NATION RUSTIC RUN

TOP 2 MALE 4-MILE RESULTS BY YEAR

Year	Runner	City	Time
1987	Mark Mueller	Cedar Rapids, IA	22.19
	Bill Ford	Ames, IA	22.50
1988	Phil Kauder	Cascade, IA	21.21
	Joe Marshall	Dubuque, IA	22.10
1989	Phil Kauder	Cascade, IA	20.46
	Bill Ford	Ames, IA	21.06
1990	Bill Ford	Ames, IA	20.14
	Phil Coppess	Clinton, IA	20.35
1991	Tony Every	Colesburg, IA	20.45
	Phil Kauder	Cascade, IA	21.02
1992	Sandu Rebenciuc	Rock Island, IL	20.42
	Rich Fuller	Davenport, IA	20.49
1993	Todd Hogue	Iowa City, IA	20.56
	Phil Kauder	Cascade, IA	21.20
1994	Kevin Herd	Coralville, IA	19.51
	Lars Anderson	Iowa City, IA	20.50
1995	Steve Marshall	Boulder, CO	21.15
	Phil Coppess	Clinton, IA	21.25
1996	Dave Ladehoff	Coralville, IA	21.14
	Phil Coppess	Clinton, IA	21.17
1997	Dmitry Drozdov	Ames, IA	21.07
	Mike McGrane	Cedar Falls, IA	21.19
1998	Dave Ladehoff	Iowa City, IA	20.38
	Jeff Joiner	Iowa City, IA	21.32
1999	Jeff Joiner	Iowa City, IA	20.42
	Joshua Maxwell	Wheatland, IA	21.02

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2000	Michael McGrane Josh Maxwell	New Liberty,IA Wheatland,IA	21.27 21.47
2001	Josh Maxwell Phil Kauder	Wheatland, IA Cascade, IA	20.57 21.06
2002	Phil Kauder David Schroeder	Cascade, IA Mt. Vernon, IA	22.16 25.07
2003	Sean Moeller Phil Kauder	Davenport, IA Cascade, IA	20.50 21.57
2004	Sean Moeller Kevin Sommer	Davenport, IA Bettendorf, IA	21:15 22:00
2005	Ryan French Kevin Sommer	Marion, IA Bettendorf, IA	21.21 21.59
2006	Kevin Sommer Jerry Lack	Bettendorf, IA East Moline, IL	21.57 22.10
2007	Phil Kauder Kevin Sommer	Cascade, IA Bettendorf, IA	22.11 22.43
2008	Jerry Lack Brandt Moore	East Moline, IL Zwingle, IA	22.45 23.35
2009	Nick Bowerman Kevin Sommer	Dubuque, IA Bettendorf, IA	21.08 22.10
2010	Kevin Sommer Jerry Lack	Bettendorf, IA East Moline, IL	22.19 23.10